

AMENDMENTS TO THE SPECIFICATION

Please replace the paragraph no. [0005] with the following amended paragraph:

To overcome such disadvantages, there has been proposed a container, a food pouch, and the like, each of which is specifically designed to be heated in a microwave oven and is coupled with a separate alarm seedling-whistle (see Patent Document 5). However, each of those containers requires a step of using a high-cost, separate alarm whistle and coupling the alarm whistle. Accordingly, there arises, for example, a problem in that the production process of each of the containers becomes complicated, which results in an increase in cost.

Please replace the paragraph no. [0026] with the following amended paragraph:

Fig. 5 is a view showing another example of the application of the present invention to a standing pouch.

In this packaging pouch 31, the shape of the vapor release seal part 3 is substantially a quadrangle, and the vapor release part 3 is connected to the peripheral edge seal part 2 of a corner part. In addition, a perforation 6 is formed to facilitate the opening of the pouch. The other constitutions of the packaging pouch are the same as those of the packaging pouch 21 of Fig. 4.